Chidham Parochial Primary School

Physical Education Policy

Ratified: Oct 2026

Review: Oct 2029

Physical Education (PE) Policy

1. Vision for PE

All pupils are given opportunities to:

- Experience competition
- Lead and officiate in a range of contexts
- Develop personal, social, and creative skills
- The curriculum aims to deepen pupils' understanding of the importance of an active lifestyle and equip them with lifelong skills that can be applied both in sport and future life.

2. Aims by the End of Key Stage 2

Our aims for all children are:

- To develop physical competence and excel in a wide range of physical activities, including competitive sports
- To develop the ability to select, link, and apply skills, tactics, and compositional ideas
- To improve observation skills and the ability to describe and make simple judgements about their own and others' performance
- To be active for sustained periods and understand the positive effects of exercise on the body
- To work independently and respond positively to others
- To understand safe practice and take responsibility for their own and others' wellbeing

3. Learning and Teaching Approach

We aim to develop:

- **Ambitious learners** – High expectations with no ceiling on achievement
- **Personalised outcomes** – Learners take responsibility for setting and communicating goals

- **Resilience** – Learners embrace challenge and learn from mistakes
- **Peer feedback culture** – Encouraging positive, unprompted feedback
- **Peer coaching** – Supporting reciprocal learning in lessons
- **Independent learning** – Pupils create and adapt their own learning plans

4. Planning, Progression and Continuity

Our PE curriculum is based on the **National Curriculum for Key Stages 1 & 2**.

Continuity is ensured through:

- Whole School Curriculum Map
- Whole School PE Overview
- Knowledge, Skills and Progression Maps

5. Adapted Learning

- We maintain high expectations for all pupils and recognise that every child contributes uniquely to learning.
- Pupils learn through observation, reflection, and collaboration
- Teachers adapt planning to suit pupil needs while aligning with curriculum goals
- Assessment, questioning, and peer feedback guide progress
- Appropriate adaptations are made to support pupils requiring additional help

6. Role of the Subject Leader

The PE subject leader monitors provision through:

- Lesson observations
- Heads, Hearts and Hands books
- Pupil conferencing

They also:

- Support staff through CPD
- Share resources, guidance, and best practice

7. PE Kit Requirements

For safety and hygiene, pupils must wear:

Indoor Activities (Dance, Gymnastics, Hall-based Lessons)

- Shorts and T-shirt
- Barefoot or plimsolls/trainers

Outdoor Activities

- Appropriate weather-suitable clothing (e.g., tracksuits in cold weather)

Swimming

- Appropriate swimming costume (no underwear permitted)

Additional Expectations

- Teachers wear suitable clothing
- Jewellery must be removed (staff cannot be responsible for it)

8. Health and Safety

- Pupils must provide a note if unable to participate due to illness or injury
- Staff monitor patterns of non-participation
- Non-participating pupils remain engaged (supporting or related work)

9. Risk Management

Teachers must:

- Be aware of medical conditions (e.g., asthma, diabetes, epilepsy)
- Ensure safe participation for all pupils
- Additional safety measures:
- Swimming sessions are risk assessed and supervised
- Premises are assessed by the site manager

- Equipment and facilities are checked annually

10. Equipment and Resources Safety

- Equipment is regularly checked by the subject leader
- Faulty equipment must be removed and reported immediately
- Pupils are taught safe handling and use of equipment

Equipment Storage

- Gym equipment: Hall cupboards
- Games equipment: Green PE containers
- Additional equipment funded through PE and Sport Grant

11. Feedback

- Pupils receive regular verbal feedback during lessons
- Feedback may include:
    - Peer review
    - Video analysis
    - Self-assessment

12. Recording and Assessment

- Pupils are assessed against year group progression maps

Reporting

- End-of-year reports shared with parents

Swimming Assessment

- Data recorded includes:
- % of Year 6 pupils swimming at least 25m confidently
- % using a range of strokes effectively

- % performing safe self-rescue
- This is included in the **Sports Premium Impact Report (July)**.